

“I Used to Have Shattered Teeth and Migraines, Now I Just Have a Great Smile”

Erasing the pain of a terrible accident in New York, Pete Cook is a much happier man in Las Vegas

By Jackie Rowe

Lying in a hospital bed recovering from an accident that left his jaw shattered in three places and multiple broken teeth, Pete Cook had no idea that it was just the beginning of a very long mending process.

His jaw healed in a few weeks, but Pete still had to go to his dentist often for more dental work to fix the broken teeth. “The pain was almost unbearable,” says Pete. “I had toothaches, sensitive teeth and headaches all the time. I didn’t know if I was ever going to get 100% better again, but I wanted to get on with my life. Before the accident, I had been thinking about moving to Las Vegas and decided it was time.”

After his move, Pete was still experiencing a lot of headaches, pain in his teeth and jaw and needed a good dentist. Enter Saeid Mohtashami, DDS. “He has been a lifesaver,” says Pete. “I called three other dentists before Dr. Mohtashami agreed to see me that day. Since then he has performed several root canals, placed several crowns and replaced a couple of silver fillings with metal-free fillings.”

Pete continues, “I was still having episodes of debilitating migraines. Sometimes, all I could do was lay down in the dark to deal with them. Then, Dr. Mohtashami took some measurements of my bite alignment. He showed me the graph of the measurements and it was obvious that I had some serious bite problems.”

“We have a very precise piece of equipment called Myotronics K7 that measures the stress of 10 different muscle groups around the jaw, head and neck area,” states Dr. Mohtashami. “Once we study these measurements, we use a muscle stimulator to relax the muscles. Then, using a computerized jaw scanning, we find the correct position of the jaw or bite. Finally, we temporarily place the bite in the new position and repeat these procedures until the bite is completely perfect and all the symptoms are relieved. We always have the right bite before any permanent dental work takes place.

Dr. Mohtashami explains, “Our head, neck and jaw muscles are very

powerful. When we change our bite alignment through stress induced clenching or grinding, previous dentistry, orthodontics or an accident, we can cause this muscle group to become very tense. When that happens, many symptoms can arise, some subtle and some not so subtle. Some headaches are vascular related, but most are muscular. Muscular related headaches are mainly caused by an incorrect bite.”

“Tempromandibular Joint Disorder (also known as TMD or TMJ) which affects 75 million Americans at any one time is a form of this muscle tension,” says Dr. Mohtashami. “Often TMJ/TMD develops very slowly with years of clenching or grinding. These actions wear the teeth down. The result is the stretching, or tensing, of the muscles around the jaw, head, neck and shoulders.”

Symptoms include, but are not limited to headaches, unexplained loose teeth, worn, chipped or cracked teeth, chipping or breaking dental restorations, pain in teeth that seems to move around, neck, shoulder, or back pain, facial pain, clicking or grating sounds in the jaw joints, limited movement of the jaw, numbness in the fingers and arms and congestion or stuffiness of the ears.

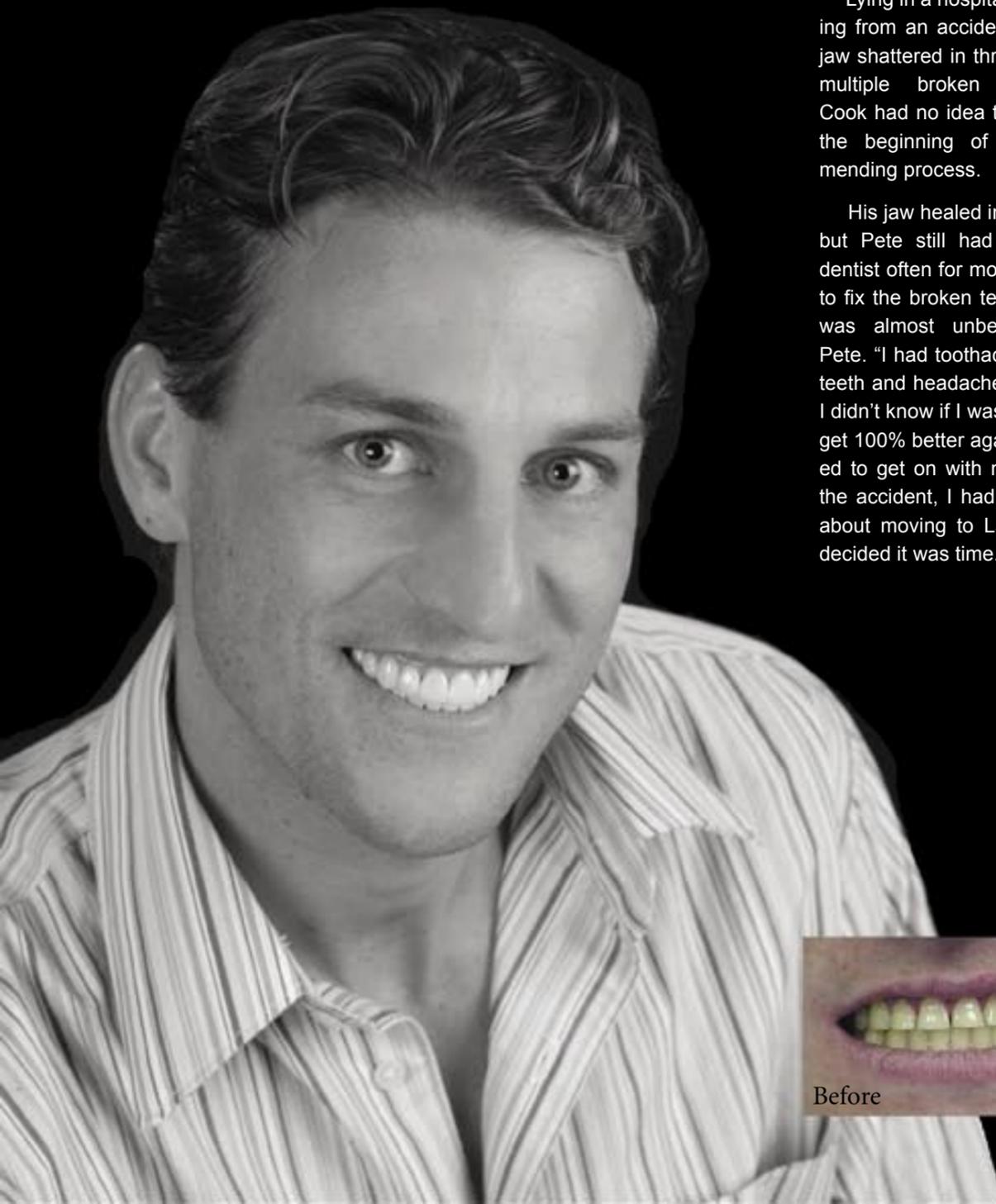
Treating this condition requires Neuromuscular Dentistry, for which Dr. Mohtashami is highly trained. Well after graduating from dental college, the doctor continues his quest

for the latest in dentistry knowledge and technology at the prestigious Las Vegas Institute for Advanced Dental Studies; world renowned for its teachings on cosmetic and neuromuscular dentistry.

“Neuromuscular dentistry has been one of the most rewarding aspects of my practice,” says Dr. Mohtashami. “I am astounded by the number of people who suffer from head, neck, shoulder and back pain because of a misaligned bite. My clients are equally amazed by the relief they have received through this treatment. It has been incredibly rewarding to help them.”

As for Pete Cook, the team at All Bright Dental performed a Full Mouth Reconstruction for him. He now has a fantastic smile and is headache free. In his own words, “Once the doctor knew where to position my bite, he made a temporary for my veneers and the migraines stopped immediately! A couple of weeks later the doctor placed my permanent veneers and my smile looks awesome. I love my new smile but I’m very relieved to be rid of the headaches and thrilled to be living in Las Vegas. Thank you Dr. Mohtashami.”

While patients do receive traditional dental services at All Bright Dental, there is the opportunity to go far beyond the norm in both what is available and how it is delivered. For more information please visit their web site or call to schedule a complimentary consultation.



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Dr. Mohtashami

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