

# DENTAL ANXIETY...

## *Not with this Doctor!*

By Jackie Rowe  
Photo by Bennie Palmore III

Frank Schaefer had complex dental problems at an early age. And along with those problems came some very bad experiences at various dental offices throughout his life.

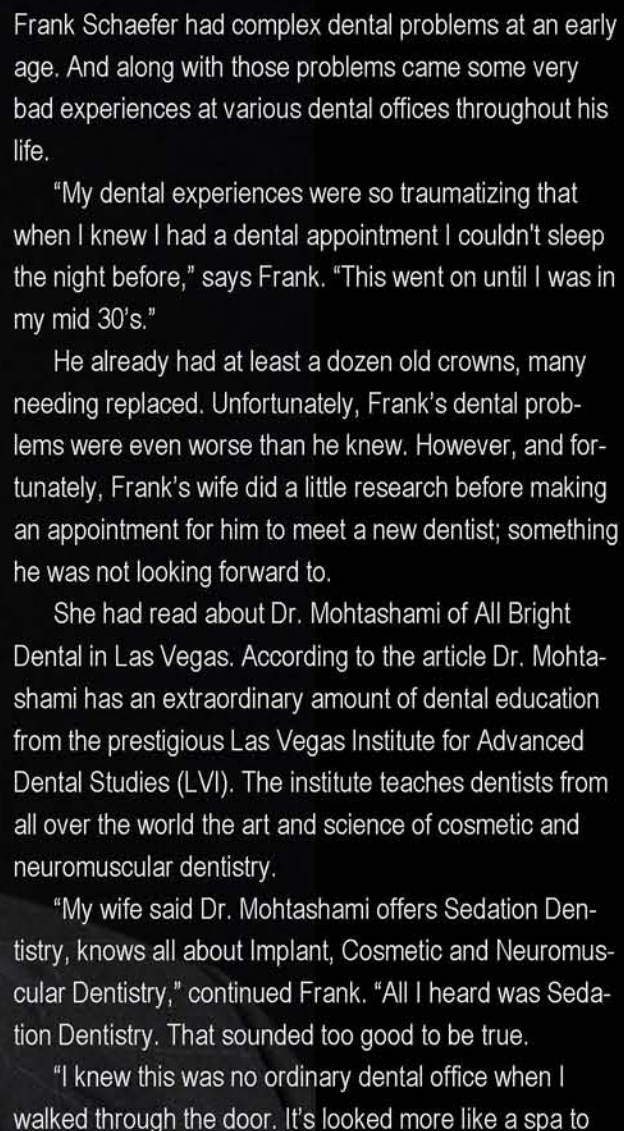
"My dental experiences were so traumatizing that when I knew I had a dental appointment I couldn't sleep the night before," says Frank. "This went on until I was in my mid 30's."

He already had at least a dozen old crowns, many needing replaced. Unfortunately, Frank's dental problems were even worse than he knew. However, and fortunately, Frank's wife did a little research before making an appointment for him to meet a new dentist; something he was not looking forward to.

She had read about Dr. Mohtashami of All Bright Dental in Las Vegas. According to the article Dr. Mohtashami has an extraordinary amount of dental education from the prestigious Las Vegas Institute for Advanced Dental Studies (LVI). The institute teaches dentists from all over the world the art and science of cosmetic and neuromuscular dentistry.

"My wife said Dr. Mohtashami offers Sedation Dentistry, knows all about Implant, Cosmetic and Neuromuscular Dentistry," continued Frank. "All I heard was Sedation Dentistry. That sounded too good to be true."

"I knew this was no ordinary dental office when I walked through the door. It's looked more like a spa to



**Frank Schaefer—**  
All Bright Dental actual client  
After his smile makeover



Frank Before



Frank After

me. I even did a double-take to see if I might have entered the wrong office. I didn't.

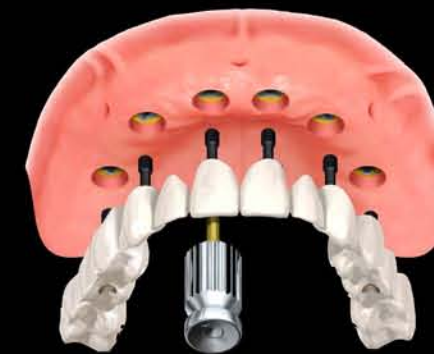
"Meeting with the doctor was the clincher for me. He was very calm and spoke to me very respectfully. He understood my fears. He told me to relax and took his time to listen to my concerns. He examined my teeth and the x-rays, and explained in detail why I was having these problems. He then told me exactly how he could fix them and I said...as long as I'm sedated."

"What Frank didn't know was how miss-aligned his jaw was," says Dr. Mohtashami. "When our bite alignment doesn't match up and we grind or clench our teeth, very bad thing happen. This is why Frank had so many reoccurring dental problems throughout his life. He was clenching and grinding his teeth so hard that he was breaking his teeth."

"This condition often causes the client to experience extreme headaches, neck, shoulder and upper back pain. Frank had all of the above. He had been getting neck and shoulder massages to relieve the pain. That didn't work and he, like many others, never associated the pain with his teeth or jaw."

"Realigning the jaw is not real difficult or painful. The trick is finding the correct position for the client. Once we know this, we simply have the client hold the position momentarily while I make a mold of their teeth. I remove the mold and create a plastic-like splint for them to wear for a couple of weeks. When they return for an exam we will know whether we have it exactly right or if we need minor adjustments."

"I never attributed my headaches to my jaw or teeth," says Frank. "I still can't believe that my headaches are almost completely gone. I feel more relaxed and at ease now. This is a real bonus for me. Beyond that, look at this fantastic smile!"



### DENTAL IMPLANTS

All Bright Dental now offers Teeth-in-an-Hour™, a new dental implant surgery system that streamlines the treatment process and provides the patient with permanent teeth in record time. The system incorporates the magic of CT Scans and 3-D imaging software to accurately assess bone structure, map out the areas of best integrity, and create a permanent prosthesis prior to surgery. This revolutionary system offers a more accurate and safer positioning of dental implants and provides the patient with permanent teeth in about an hour.

"My friends and family have been astounded at the difference in my smile. No one can believe how natural it looks. The doctor was a huge help with that part of my smile makeover. He gave me some good advice and direction about the color and shape of my teeth. I had no idea that I could actually choose the shape and shade of my new porcelain veneers. Dr. Mohtashami and his team at All Bright Dental are awesome. Thank you!"

If you or a loved one have a smile that needs a little help (or a lot), the folks at All Bright Dental are well qualified, experienced, friendly and ready to assist you. Call them to schedule your complimentary consultation today. They'll make you smile.



Dr. Saeid Mohtashami has a team of great people to serve you. They deliver personalized care to their clients, utilizing the newest technology to deliver the highest quality. They take tremendous pride in how natural their work looks.

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Dr. Saeid Mohtashami