

What Does a Doctor's Smile Say?

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Photo by Bennie Palmore II



Dr. Amel Affi, a local Optometrist, feels very strongly that her smile speaks volumes to her patients; so much so that she recently underwent a Smile Makeover with Dr. Saeid Mohtashami of All Bright Dental.

“I love what I do and thoroughly enjoy the one-on-one time I spend with my clients,” said Dr. Affi. “Like many professionals, I have to get very close to them during an examination. We are literally just a few inches apart. I can see them looking me over. After all, what choice do they have? I’m in their face.

“I have been getting my teeth cleaned and examined by the same dentist for almost two years now,” she continued. “I became aware of Dr. Mohtashami’s education and talent for cosmetic dentistry by browsing his before and after photo album in the reception area. He also has great photography of some of his smile makeover patients on the walls of his office.



Dr. Amel Affi

Dr. Affi before her smile makeover.

"I have to admit, I had not checked out his web site until I began to notice his cosmetic work. Once I checked out the site and dug a little deeper, it became clear that Dr. Mohtashami is a leader in his profession. He is extremely well educated, has a tremendous amount of experience and truly has an artistic talent for creating beautiful, natural looking smiles.

"I didn't feel like my smile was offensive or unattractive, but the more I examined what a great smile looks like, the more I began to think about improving my own. Eventually, I ask the doctor what he would recommend to better my smile. The answer was simple and compelling. He said that my smile was beautiful and he thought it fit my face well. He felt that I had a good foundation. With eleven new MAC veneers in my smile zone, teeth whitening and a little gum contouring, he said my smile makeover would actually look more natural.

"Dr. Mohtashami's philosophy is that the minor flaws in my smile attract attention (some small gaps, minor chips and a few stains). His thinking is that if you have a nice smile and it fits you well, people think 'what a nice smile'. They don't think 'oh, she had a smile makeover.' But, when you're face to face with patients like I am, the flaws are twice as large and people notice."

"I know that's over-thinking the smile," says Dr. Afifi, "but I believe my smile is very important to my clients. Again, they don't think about it consciously, but I have noticed that a good sincere smile is a terrific ice breaker with new clients and it's an asset that wins people over.

"A good smile says: 'I'm happy. I'm happy to be with you; I am healthy; I take care of myself, and I can take



good care of you, too.' Nothing conveys goodness, healthiness and happiness like a terrific smile, and that's why I asked Dr. Mohtashami to give my smile this boost.

"As an optometrist, I must be very precise with my measurements to correct vision. Obviously that's important. However, I had no idea of the precision dentistry like this requires. Dr. Mohtashami is a perfectionist. The contact-lens-thin porcelain veneers are placed precisely so they look natural and function properly. He must also be an artist because the dentistry should accentuate the facial features.

"A dentist has many choices and decisions to make about the size and shape of each tooth he addresses. It is quite possible to change one's type of smile all together. But, in a case like mine, the challenge was to blend the dentistry with my natural smile and make it look better than Mother Nature did. Now that's a challenge!

"To sum it all up, I absolutely love my smile. Dr. Mohtashami and his team were awesome. I discovered that I'm not the easiest patient to treat. I had a lot to say about the design and the blending of my smile, and Dr. Mohtashami was patient, caring and professional about everything. He has a kind nature and a gentle touch. Thank you All Bright Dental for my new smile. I'll be sure to share it with everyone I meet; especially face to face."



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